

## HAWAII'S HEALTH PROFESSIONALS ENDORSE ISAGENIX



### **DR. ANN MICHELE ASPERA ~ Chief of Urology, Kaiser Permanente Hospital**

*"As a physician, I would rely on several cups of coffee to get me through each day and into the night. I did not always eat the proper diet and so I gained weight, at least 15 pounds. During medical school, I ran the New York marathon three times. Six years later, I could barely run around the hospital. I am skeptical about fad diets because they simply do not work. Some can be very detrimental to your health and cause kidney problems and stones ~ which I have seen. My husband and I began our health journey together. We went to a meeting and heard many testimonials about the tremendous effects of cleansing. I started my Isagenix Cleanse that very day and have not stopped taking the products since. I lost weight, have more energy and swim 100 meters several times a week." I continue to take and recommend the Isagenix products for on-going Health and Weight maintenance."*

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### **DR. ERLINDA CACHOLA ~ Internal Medicine**

*"We live in a toxic world. We have toxins in the air, water, food and the chemicals that we come into contact with in our activities of daily living. Obesity, nutritional deficiency and stress are the other major health issues in the world today. I have been a Medical Doctor in private practice of Internal Medicine for 31 years. Many of my patients are so stressed out they cannot sleep or function well. I learned about a system of products that address toxicity, nutritional deficiency, obesity and stress. My husband and I have been using these products for almost four years now. We have experienced increased energy, better mental focus, stress relief and improvement in our overall health. I also got rid of my daily tension headaches. We have been recommending these products to our friends and patients and will continue using this system to optimize our health."*

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### **DR. ROBERT SCHIFF ~ Internal Medicine**

*"I am so pleased with the results I've seen with Isagenix with myself and especially with many of my patients. The program works, is easy to follow, and reasonably priced. Besides the weight loss, I have been very happy and even excited to see the significant improvement in my patients, as they continue to lose weight, reduce their carbohydrate cravings, and take a greater interest in their health, including starting to exercise. I can't tell you what it means to me to have a method of helping to get or keep people healthy without prescription medications."*

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### **KARI WEBB, LAC, MSOM, DIPL. O.M. ~ Acupuncture and Oriental Medicine**

*"As a practitioner of Oriental Medicine, I spent three years studying Chinese herbs. Now, on a daily basis, I recommend and sell herbs to my patients. When I was introduced to Isagenix, I was skeptical. I didn't want to take any "supplement" that wasn't truly healthy for me. I read the ingredient list and recognized the ingredients and knew they would all benefit me. There were no long unrecognizable or unpronounceable ingredients. I now take the rejuvenating Ionix Supreme Daily. I also tried the 30-Day Cleanse ~ not so much to lose weight, as I didn't need to lose weight, as that I wanted to see how I would feel. I felt fresh, bright and energetic. I did end up losing a few pounds. I now replace one meal a day with an Isagenix Shake and use the Snacks if I get hungry. I do the shorter Cleanse as needed. I am very pleased with the Isagenix product line and confidently recommend it to my patients and others to improve their health and to stay healthy."*

Weight-loss results may vary. In a recent study, participants averaged a weight loss of 7 pounds at the completion of their first Isagenix 9 Day Program. Always consult your physician before making any dietary changes or starting any nutrition, weight or exercise program.

**These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure or prevent any disease.** Earning levels for Isagenix Independent Associates that appear in this publication should not be construed as representative of fixed or typical income earned with an Isagenix business, nor are they intended to represent that other Associates will eventually achieve the same level of income. Income level achievements are dependent upon the individual Associate's business skills, personal ambition, time, commitment, activity and demographic factors.